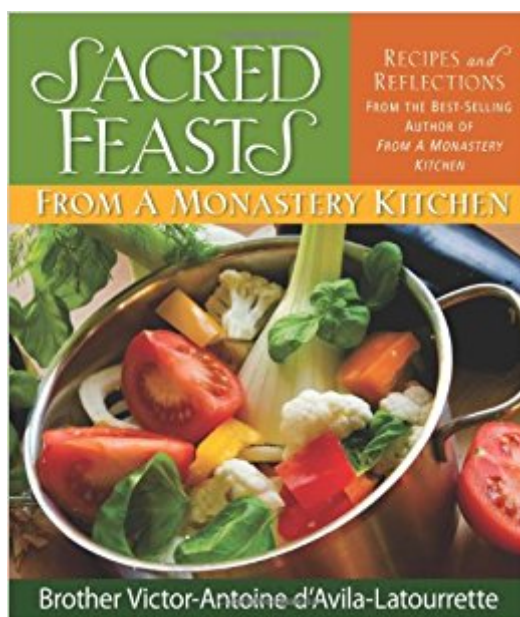


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Sacred Feasts: From A Monastery Kitchen



Synopsis

"This book of seasonal cooking provides a backdrop of celebrating sacred feasts of the year from a monastery kitchen to your kitchen--using recipes from Brother Victor-Antoine d'Avila-Latourrette. Brother Victor-Antoine is the best-selling author of several cookbooks from his monastery kitchen. Sacred Feasts focuses on using seasonal fresh fruits and vegetables to create inexpensive, delicious, healthy, and beautiful vegetarian dishes to delight your family and friends. Recipes include simple and savory desserts, main dishes, and of course, entire meals to help celebrate feast days, family get-togethers, and to make even the most ordinary day special. This is the perfect recipe book for everyone who loves to cook and to use affordable, fresh, wholesome in-season fruits and vegetables that will please everyone! View sample pages. Hardcover"

Book Information

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Customer Reviews

Brother Victor-Antoine d'Avila-Latourrette is resident monk at Our Lady of the Resurrection Monastery near Millbrook, New York, a monastery that lives under the rule of St. Benedict. There he cooks and tends the garden that supplies both the monastery and the local farmers' market.

I have several books by the same author so I was keen to add this one to my library. This book differs from its predecessors by including some comments/musings/reminiscences which I enjoyed reading. I liked the idea of a recipe collection built around feast days so that when you want to make something special you can go to this book as a good resource. I also noticed that the author has cut

down on the amount of fat in his recipes! I would wholeheartedly recommend this book to people who like cooking and eating good fresh food and want to eat well on special occasions as well as everyday.

Enticing recipes that are comforting as well as delish. Easy on the budget as well.

Best cookbook ever. All the recipes are easy to make and taste great. The Guadalupe brownies, made with Grand Marnier, were a big hit at our party.

lovely cookbook

PERFECT

Just wasn't into it as I thought I might be. Not sure how often I will use it. But I would lend it to anyone interested in it.

A cookbook that is not very inspiring or exciting. Pretty basic, not a lot of depth in flavors.

As the editor of Brother Victor's newest cookbook, Sacred Feasts, I am delighted to know that so many people are enjoying his reflections and the wonderful recipes from his monastery kitchen. In response to the reader from Portland, Oregon, who comments on the Garlic Cream Soup, I'd like to offer Brother Victor's revised recipe which may help all the garlic fans create this culinary masterpiece.

GARLIC CREAM SOUP (German Style) 6 servings

1 1/2 stick of butter
3 large onions, peeled and coarsely chopped
6 tender celery stalks, thinly sliced
2 medium garlic bulbs, peeled and chopped
2 cups water
2 cups milk
1 cup cream or half-and-half
Salt and white pepper

Melt butter in a good-size saucepan and sauté vegetables for 3 to 4 minutes over low heat. Stir continuously. Add water, milk, and cream. Simmer gently over low heat for 12 to 15 minutes. Season with salt and pepper and allow to cool. Purée soup in a blender or with an electric hand mixer. Reheat and serve hot.

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